

**INFANT JESUS CONVENT SCHOOL**  
**ANNUAL PLAN**  
**DANCE**  
**CLASS: 6<sup>Th</sup>**

<b>MONTH/NO OF DAYS</b>	<b>TOPIC: SUB TOPIC</b>	<b>OBJECTIVES</b>	<b>AIDS/ACTIVITIES</b>	<b>MULTIPLE INTELLIGENCE SKILLS</b>	<b>LEARNING OUTCOME</b>
<p style="text-align: center;">APRIL No Of Days:18</p>	<ul style="list-style-type: none"> <li>*Basic Steps</li> <li>*Foot Work</li> <li>*Prayer dance</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*How to identify three speeds of Laya</li> <li>*Sitting postures</li> </ul>	<p><b>KNOWLEDGE</b> Recognize Vilambit, Madhya DrutaLaya</p> <p><b>SKILL</b></p> <ul style="list-style-type: none"> <li>*Confidence</li> <li>*Adaptability</li> </ul> <p><b>APPLICATION</b> Practice foot work</p> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Applying different speeds in different taals</li> <li>*Differentiate</li> </ul>	<ul style="list-style-type: none"> <li>*A Physical Experience</li> <li>*Linguistic</li> </ul>	<p style="text-align: center;">Students will be able to understand three speeds foot work</p>
<p style="text-align: center;">MAY No Of Days:14</p>	<ul style="list-style-type: none"> <li>*Folk dance</li> <li>*Flat foot steps</li> <li>*Single hand gestures</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The meaning of the song and give</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*List the single hand gestures</li> </ul> <p>Identify the category of dance</p>	<ul style="list-style-type: none"> <li>*Physical Experience</li> <li>*Interpersonal</li> </ul>	<p style="text-align: center;">Students will be able to:</p> <ul style="list-style-type: none"> <li>* Count the beats</li> <li>*Match the steps</li> </ul>

		<p>expressions accordingly</p> <p>*How to make formations</p>	<p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Confidence</li> <li>*Dancing Skills</li> <li>Adaptability</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice of dance steps</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Differentiate</li> <li>*Compare</li> </ul>		
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CONDUCTION OF PT-1 ASSESSMENT

<p>JULY</p> <p>No Of Days:27</p>	<ul style="list-style-type: none"> <li>*Ganga dance</li> <li>*Collage making</li> <li>*Namaskaram</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Actions with song hand and foot work in aramandi posture</li> <li>*How to dance with co-ordination</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify the category of the dance</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skills</li> <li>*Adaptability</li> <li>*Confidence</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Interpersonal</li> <li>*Physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Make formations</li> <li>*Identify the hand gestures used in dance</li> </ul>	
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			<p><b>APPLICATION</b>  *Demonstrate  *Practice the steps</p> <p><b>UNDERSTANDING</b>  *Experiment  *Contrast</p>			
<p>AUGUST  No Of Days:23</p>	<p>*Patriotic dance on vandemataram  *Adavus  *Uses of hand gestures</p>	<p><b>Students will be able to understand :</b>  *Perform sitting postures  *flat foot movements</p>	<p><b>KNOWLEDGE</b>  *Relate the dance with nation  *Identify proper footwork</p> <p><b>SKILL</b>  *Creative  *Confidence  *Adaptability</p> <p><b>APPLICATION</b>  *Practice the steps  *Analysis the root of the dance</p> <p><b>UNDERSTANDING</b>  *Differentiate  *Compare</p>	<p>*Physical Experience  *Interpersonal</p>	<p>Students will be able to: perform with expression and rhythm.</p>	

<p>SEPTEMBER No Of Days: 05</p>	<ul style="list-style-type: none"> <li>*toota parinda</li> <li>*Sitting Postures</li> <li>*God gestures</li> <li>*Slokam Guru Brahma</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Importance of co-ordination in dance</li> <li>*Uses of mudras and their meaning</li> <li>*Meaning of the slokas and how to perform</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Identify proper postures and dance moves</li> <li>Memorize dance steps</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skills</li> <li>* Confidence</li> <li>Adaptability</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the steps of dance</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Categorized the steps</li> <li>*Express feelings</li> </ul>	<ul style="list-style-type: none"> <li>*Interpersonal</li> <li>*Physical experience</li> <li>*Linguistic</li> </ul>	<p>Students will be able to understand:</p> <ul style="list-style-type: none"> <li>*Difference between folk dances of each region</li> <li>*How to make formations in group dance</li> </ul>	

<p>OCTOBER No Of Days: 22</p>	<ul style="list-style-type: none"> <li>*Dreamers dance</li> <li>*Sufi dance</li> <li>*Heel foot steps in three speeds</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Beat pattern of the steps</li> <li>*How to walk in rhythm</li> <li>*What is laya</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*List the favorite dance songs</li> <li>*Memorize the words and steps</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing Skills</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the dance</li> <li>*Demonstrate</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Expression</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Interpersonal</li> <li>*Physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the proper expression</li> <li>*Make formations</li> <li>*Tree speeds of laya</li> </ul>
<p>NOVEMBER No Of Days: 23</p>	<ul style="list-style-type: none"> <li>*Introduction of Indian classical dance</li> <li>*Walking styles of Indian classical</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*How to act through dance</li> <li>*How to give expression according</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Students will make collage of various folk dances of India</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Interpersonal</li> <li>*Physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Understand the expression</li> <li>*Standing posture</li> </ul>

	<p>dance</p> <p>*Double hand gestures</p>	<p>to the song</p> <p>*Importance of co-ordination</p>	<p>*Memorize the steps</p> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Dancing skill</li> <li>*Adaptability</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Contrast</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Confidence</li> <li>*Differentiate</li> </ul>		<p>*Co-ordination</p>
<p>DECEMBER</p> <p>No Of Days: 11</p>	<p>*Christmas dance in English</p> <p>*Ashayein Ek tu hi bharosa</p>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The meaning of the song and give expressions accordingly</li> <li>*Make formations</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Relate the dance with God</li> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul>	<p>*Intrapersonal</p> <p>*A physical experience</p>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>

			<p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Differentiate</li> <li>*Compare</li> </ul>		
CONDUCTION OF PT-3 ASSESSMENT					

<p>JANUARY</p> <p>No Of Days: 21</p>	<ul style="list-style-type: none"> <li>*Taal kaharwa</li> <li>*Ghoomer steps</li> <li>*Kalbeliya steps</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The difference between each regional dances</li> <li>*Match the steps <ul style="list-style-type: none"> <li>*tempo</li> <li>*rhythm</li> </ul> </li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Intrapersonal</li> <li>*A physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>
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			<p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Differentiate</li> <li>*Compare</li> </ul>		
<p>FEBRUARY</p> <p>No Of Days: 22</p>	<ul style="list-style-type: none"> <li>*Revision</li> <li>*Medley compositions</li> <li>*Taal- Dadra taal, Kaharwa taal</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Match the steps</li> <li>*tempo</li> <li>*rhythm</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> </ul>	<ul style="list-style-type: none"> <li>*Intrapersonal</li> <li>*A physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>



			*Differentiate *Compare		
MARCH	FINAL ASSESMENT				